

Nutrition Advisory Council Agenda
In-person & Virtual Meeting via Zoom
Minutes

Tuesday, October 7, 2025
2:00 p.m.

Attendance: Ashley Trautsch, Courtney Brookhart

1. August 5, 2025 Minutes

No changes made.

2. Advocacy Updates

Brookhart shared that the State funding is flat, there is no cut to the nutrition programs but also no additional funding.

3. Waitlist Policy & Update

Brookhart stated there is no one on the waitlist at this time.

4. Statistical Report

No comments.

5. Meal Cost Tool

Brookhart explained that the tool computes the full cost of a meal and that amount must be charged in contracts with MCO's and IRIS, as well as anyone under the age of 60. The current rate is \$15.55. The 2026 rate for those under the age of 60 will be \$16.92 and MCO's and IRIS will be \$17.38 (includes CPI of 2.7%).

6. Suggested Contribution

Brookhart shared that the ADRC committee approved an increase in the suggested contribution starting in 2026, going from \$4 to \$5.

7. Upcoming Events

- Elderfest, Senior Health Fair, October 24 at the Youth & Ag Building: There will be a vaccine clinic, live music, and refreshments for purchase.
- Regional Nutrition Staff Training, November 6: meal sites will be closed.

8. Any other business

- None.