## **NOVEMBER 2025**

Nov. 3	Nov. 4	Nov. 5	Nov. 6	Nov. 7
Swedish Meatballs over Mashed Potatoes Seasoned Broccoli Peaches Oatmeal Fudge Bar	Sliced Roast Pork Candied Sweet Potatoes Mixed Baked Beans Pineapple Rings Crème Puff Dessert	Autumn Harvest Casserole Steamed Baby Carrots Mixed Fruit Lemon Pie Square	No Meals Served Regional Staff Training	Chicken Ala King with Veg.'s over Mashed Potatoes Mixed Greens w/Dressing Rosy Pears Chocolate Cherry Bar
Nov. 10 Pulled Pork on a Bun Hashbrowns Stewed Tomatoes Sunshine Salad Blueberry Crisp	Nov. 11  No Meals Served Thank You, Veterans!	Nov. 12 Sliced Roast Beef Sweet Potatoes Mixed Vegetables Spinach Salad Frosted Carrot Cake	Nov. 13 Baked Cod w/Tartar Sauce Cowboy Potatoes Buttered Carrots Waldorf Salad Peanut Butter Cookie	Nov. 14 Navy Bean Soup Tuna Salad Sandwich on Whole Wheat Bread Romaine w/Dressing Banana Pudding Pie Dessert
Nov. 17 Beef Tips in Gravy over Egg Noodles Baked Corn (3/4 Cup) Mixed Fruit (3/4 Cup) Scotcheroo Bar	Nov. 18 Meatloaf Squash Maple Baked Beans Mixed Greens w/Dressing Cheesecake w/Fruit Topping	Nov. 19 Sliced Roast Turkey Mashed Potatoes w/Gravy Sage Dressing Green Bean Casserole Cranberry Sauce (1/4 cup) Pumpkin Pie Square w/Topping	Nov. 20 Porcupine Meatballs Baked Potato California Blend Vegetables Pears Banana Bar	Nov. 21 Baked Ham Au Gratin Potatoes Italian Blend Vegetables Pineapple Chunks Snickerdoodle Cookie
Nov. 24 Salisbury Steak Mashed Potatoes Squash Green Beans Cherries in a Cloud	Nov. 25 Tuna Noodle Casserole w/Peas Copper Penny Salad Tropical Fruit Black Bean Brownie	Nov. 26 Roast Pork w/Gravy Red Bliss Potatoes Spinach Salad Apricots Mississippi Mud Bar	Nov. 27 Happy Thanksgiving! No Meals Served Thanksgiving	Nov. 28 No Meals Served

Meals are prepared in kitchens that are not allergen free. We cannot guarantee that food allergens will not be transferred through cross contact and cannot offer a substitution item for food allergies, intolerances or personal food preferences.